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| **Pelvic Floor Quality of Life****Measure** | **Baseline**  | **3 years** | **Change from Baseline at 3 years** |
| **Immediate Pushing****(n =171)** | **Delayed** **Pushing****(n = 176)** | ***P*** | **Immediate Pushing****(n =175)** | **Delayed Pushing****(n=181)** | ***P*** | **Immediate Pushing** | **Delayed Pushing** | ***P\**** |
| PFDI-20, total | 40.47 ± 40.21 | 43.08 ± 38.14 | 0.62 | 42.26 ± 35.85 | 38.34 ± 36.70 | 0.40 | 3.42 ± 29.13 | 0.38 ± 36.23 | 0.40 |
|  UDI | 23.84 ± 18.08 | 25.91 ± 19.16 | 0.49 |  23.67 ± 16.26 | 23.36 ± 18.29 | 0.90 | 2.58 ± 24.50 | -2.08 ± 23.32 | 0.33 |
|  POPDI | 22.99 ± 15.07 | 17.37 ± 11.82 | 0.02 | 19.44 ± 14.20 | 18.78 ± 13.99 | 0.78 | -4.00 ± 21.73 | 3.47 ± 19.71 | 0.13 |
|  CRADI | 15.77 ± 13.55 | 19.02 ± 13.65 | 0.12 | 19.20 ± 16.32 | 14.89 ± 12.43 | 0.06 | **2.36 ± 15.96**  | **-5.74 ± 15.69** | **0.01** |
| PFIQ, total  | 26.54 ± 49.49 | 33.09 ± 51.27 | 0.23 | 13.50 ± 26.47 | 10.84 ± 24.17 | 0.33 | -12.77 ± 47.22 | -21.99 ± 58.74 | 0.09 |
|  UIQ | 10.53 ± 18.52 | 12.71 ± 20.32 | 0.30 | 6.97 ± 12.14 | 5.30 ± 11.22 | 0.18 | -3.38 ± 19.48 | -7.51 ± 24.75 | 0.08 |
|  POPIQ | 8.86 ± 18.94 | 11.40 ± 18.36 | 0.20 | 2.94 ± 8.87 | 2.85 ± 9.04 | 0.93 | -5.74 ± 18.94 | -8.33 ± 20.25 | 0.18 |
|  CRAIQ | 7.16± 15.93 | 8.99 ± 15.89 | 0.28 | 3.58 ± 10.94 | 2.69 ± 7.66  | 0.38 | -3.64 ± 15.30 | -6.15 ± 17.69 | 0.16 |
| FISI | 3.48 ± 7.42 | 2.84 ± 5.74  | 0.37 | 2.26 ± 4.88 | 2.25 ± 4.98 | 0.98 | -1.17 ± 8.04 | -0.56 ± 7.65 | 0.56 |
| MMHQ | 8.61 ± 16.12 | 9.95 ± 16.82 | 0.57 | 12.71 ± 21.27 | 9.20 ± 16.25 | 0.21 | 3.08 ± 22.49 | -0.05 ± 20.17 | 0.53 |
| \*Adjusted for birth weight >4000g and duration of pushing |