**Followup for specialty postpartum care after obstetric anal sphincter injury**

**Table 1: Unadjusted associations between patient characteristics and attendance to postpartum recovery clinic (PPRC) (n=305)**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Did not attend PPRC** | **Attended PPRC** | **p-value** |
|  | **mean ± SD or n (%)** | **mean ± SD or n (%)** |  |
| **Maternal age** | 29.4 ± 5.2 | 32.4 ± 3.8 | **<0.001** |
| **Advanced maternal age (AMA) status** | | | 0.58 |
| No (<35 years old) | 25 (78.1) | 201 (73.6) |  |
| Yes (≥35 years old) | 7 (21.9) | 72 (26.4) |
| **Parity** | | | 0.08 |
| 0 | 24 (75.0) | 236 (86.5) |  |
| >1 | 8 (25.0) | 37 (13.5) |
| **Gestational age at delivery (weeks)** | 39.1 ± 1.4 | 39.3 ± 1.1 | 0.38 |
| **Birthweight (grams)** | 3442.8 ± 394.5 | 3488.0 ± 437.6 | 0.58 |
| **Delivery method** | | | 0.42 |
| Spontaneous vaginal | 23 (71.9) | 210 (76.9) |  |
| Vacuum assisted | 6 (18.8) | 54 (19.8) |
| Forceps assisted | 2 (6.3) | 6 (2.2) |
| VBAC | 1 (3.1) | 3 (1.1) |
| **Laceration type** | | | 0.25 |
| 3a | 23 (71.9) | 149 (54.6) |  |
| 3b | 6 (18.8) | 52 (19.1) |
| 3c | 3 (9.4) | 50 (18.3) |
| Third degree (unspecified) | 0 (0) | 4 (1.5) |
| Fourth degree | 0 (0) | 18 (6.6) |
| **Episiotomy** | | | 0.06 |
| None | 28 (87.5) | 256 (93.8) |  |
| Median | 0 (0) | 7 (2.6) |
| Mediolateral | 4 (12.5) | 10 (3.7) |
| **Race** | | | **<0.001** |
| White | 14 (43.8) | 181 (66.3) |  |
| Black | 8 (25.0) | 19 (7.0) |
| Asian | 1 (3.1) | 45 (16.5) |
| Other/Unknown | 9 (28.1) | 28 (10.3) |
| **Ethnicity** | | | **<0.001** |
| Non-Hispanic | 23 (71.9) | 252 (93.0) |  |
| Hispanic | 9 (28.1) | 19 (7.0) |
| **Primary language** | | | **0.01** |
| English | 26 (81.3) | 258 (94.5) |  |
| Non-English | 6 (18.8) | 15 (5.5) |
| **Insurance type** | | | **<0.001** |
| Private/self pay | 17 (53.1) | 237 (86.8) |  |
| Medicaid/state assistance | 15 (46.9) | 36 (13.2) |
| **Average Edinburgh Postpartum Depression Scale score** | 5.90 ± 4.98 | 4.10 ± 3.56 | **0.01** |
| **Postpartum depression screening results** | | | **0.01** |
| Low (EPDS 0-9) | 24 (77.4) | 248 (92.5) |  |
| High (EPDS ≥ 10) | 7 (22.6) | 20 (7.5) |