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| **Table 2. Multivariate association of potential bladder irritants with severity of Urgency Incontinence**  |
|   | Unadjusted OR (95% CI) | Adjusted OR (95% CI)\* |
| Alcohol   | 1.11 (0.78, 1.58) | 1.34 (0.93, 1.92) |
| Spicy foods  | 0.92 (0.61, 1.37) | 1.22 (0.81, 1.84) |
| Chocolate  | 1.06 (0.79, 1.41) | 1.01 (0.74, 1.39) |
| Artificial sweeteners  | 1.28 (0.95, 1.71) | 0.98 (0.71, 1.37) |
| Caffeinated, carbonated, and citrus beverages  | 1.27 (1.04, 1.55) | 1.31 (1.05, 1.64) |
| High-acid foods, such as citrus and tomatoes  | 1.25 (1.02, 1.53) | 1.26 (1.01, 1.57) |
| \*Adjusted for age, race, education, BMI, diabetes, and hysterectomy. |