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| **Table 1. Reported Intake of Proposed Bladder Irritant associated, by Presence and Severity of Urgency Incontinence** | | | |
|  | **Urgency Incontinence group**  N=651 | **No Urgency Incontinence Group**  N=9,547 | p-value |
| Alcohol | 58 (12.3%) | 844 (11.2%) | 0.56 |
| Spicy foods | 41 (7.0%) | 677 (7.6%) | 0.66 |
| Chocolate | 112 (21.7%) | 1,649 (20.8%) | 0.71 |
| Artificial sweeteners | 119 (19.4%) | 1,294 (15.9%) | 0.10 |
| Caffeinated, carbonated, and citrus beverages | 312 (53.8%) | 4,272 (47.8%) | 0.02 |
| High-acid foods, such as citrus and tomatoes | 289 (50.3%) | 4,014 (44.8%) | 0.03 |
| \*All data are reported as N (weighted % reporting yes to consumption). | | | |