**Table 1.**

|  |  |
| --- | --- |
| **Patient reported treatment preferences** | **N (%)** |
| Adjusting meds that contribute to UI | 56 (44%) |
| Lifestyle changes (weight loss, constipation, fluid intake etc) | 73 (58%) |
| Pelvic floor physical therapy referral | 77 (61%) |
| Vaginal estrogen | 22 (17%) |
| Beta 3 agonist medication | 14 (11%) |
| Anti-muscarinic medication | 12 (10%) |
| Treatment that requires specialty referral (midurethral sling, intravesical injections, sacral nerve stimulation, urethral bulking, pessary fitting, etc) | 66 (52%) |
| None of the treatments provided by the PCP Only interested in specialty referral Not interested in specialty referral or PCP treatments (wants no treatments) | 13 (10%)8 (6%)5 (4%) |